

**Here are the topics to be covered:**

- How does the pancreas work?
- What is insulin? What does it do?
- What are the main differences between Type 1 and Type 2 Diabetes?
- What is hypoglycemia?
- What are the symptoms for LOW blood sugar?
- What is hyperglycemia?
- What are the symptoms for HIGH blood sugar?
- What can be some of the long-term effects of HIGH blood sugar?
- If too much glucose stays in the blood, this can harm your body, which four parts of the body can be harmed?
- What are some of the warning signs for T1D?
- What can everyone do to lower his or her chances of developing Type 2 Diabetes?
- In what decade was insulin discovered? How was life for diabetics prior to insulin?
- What are some resources for people with diabetes?



By 7<sup>th</sup> grade students  
At Tiger Middle School

## Create a Booklet about Diabetes

The students will print a booklet at the end of class.

We will utilize a downloadable app called Create Booklet through TheKeptPromise.

Each student will pick a topic out of the hat.



Each topic will be worked on individually.

Everyone gets to utilize one page and can add an image as well.

To make the booklet consistent everyone will use:

- Font Arial
- Headlines use same font, but **bold**
- Size 16
- Line Space 1.5